

## Support to Study Procedure

Effective 1 September 2025

1. This document should be read in conjunction with the [Support to Study Policy](#).
2. The Support to Study Procedure ('the Procedure') is applicable to all registered students. It sets out how the University will support students who, due to health or disability, may be struggling with their studies or with being in the University environment.
3. For a glossary of terms used within this procedure, please see [Appendix 2](#).

### Introduction

4. Newcastle University is committed to supporting all students' health and wellbeing. We believe that empowering you to manage your own health issues or disabilities is critical to your student experience and academic outcomes.
5. However, we recognise that there may be some instances where your health or disability may affect your ability to study effectively or be part of (or reside within) the University community, and you may require some additional support. For example, if:
  - Your health or disability creates a risk to your own health, safety and wellbeing, or that of other members of the University community;
  - Your behaviour is (or is at risk of) negatively affecting the teaching, learning or experience of other students, or the day to day activities of the University or placement/year abroad provider;
  - Your support needs fall outside the scope of what the University can be reasonably expected to provide, either directly or indirectly.
6. In these instances, this procedure may be initiated. It is important to note that this is not a punishment or sanction, but rather a way of providing you with some additional support to help you succeed in your programme of study, wherever possible.

## Support and Guidance

7. We understand that there are times when you may need some additional support or guidance throughout the Support to Study Procedure. You may find it helpful to seek advice or support from the following services:
  - [Student Health and Wellbeing Service](#)
  - [Registry and Education Services](#)
  - [Student Advice Centre of the Students' Union](#)
8. If you are required to attend any formal meetings throughout this process (i.e. at either Level 2 or Level 3 of this procedure), you may choose to be accompanied by a friend or supporter. Please see the [guidance on the role of a friend or supporter](#), which sets out what your friend or supporter can expect of any meeting and the specific role they will play in the process.
9. If you require any adjustments to be put in place to allow you to engage with any meeting under this procedure, it is your responsibility to request this in advance of the meeting.

## Support to Study Procedure

10. The Support to Study Procedure has three levels. Although most Support to Study cases will begin at Level 1, it is important for you to note that the Procedure can be invoked at any level and it does not need to progress through each level in order.
  - (i) [Level 1: Informal Support](#)
11. If concerns have been raised about your capability to study, or if you or your Academic Unit feel it is necessary, you may be supported via additional one-to-one meetings under Level 1 of the Support to Study Procedure.
12. These meetings will be supportive and non-confrontational and will give both you and your tutor/supervisor the opportunity to address any issues and think about ways in which support might be put in place to help you to continue your studies.
13. You should engage with this process and prioritise your attendance at any meetings.
14. Additional support may include, for example:
  - Directing you to support services (such as the Student Health and Wellbeing Service, your GP, or external services);
  - Talking to you about whether a Student Support Plan might be appropriate so that more long-term adjustments can be put in place to support you;

- Supporting you to submit a Personal Extenuating Circumstance (PEC) form to request appropriate adjustments for your assessments;
  - Discussing whether it might be appropriate for you to take a voluntary interruption of study, for a specified period of time, to allow you to concentrate on your health and how you would go about doing this.
15. Your personal tutor/supervisor will normally arrange follow-up meetings with you, at least once a month, until you both agree that further meetings are no longer required.

## **(ii) Level 2: Formal Support**

16. In some cases, it may be appropriate to put more formal support in place for you. This could be because your circumstances suggest that additional support is needed beyond what your personal tutor/supervisor can provide, or because Level 1 provision has not been able to address the concerns raised about your ability to study.
17. You will be invited in writing to attend a formal meeting with your Academic Unit and, where appropriate, the Student Health and Wellbeing Service. In advance of the meeting, you may be asked to submit additional information or evidence – such as medical evidence.
18. It is important to note that you should attend this meeting and if you choose not to attend this meeting or engage with the process, the meeting may still go ahead, and your circumstances will be considered without your input on the information available to the Academic Unit and Student Health & Wellbeing Service at that point. This can include, for example, any PEC submissions you may have made.
19. During this initial meeting, you will normally be asked to work with your Academic Unit and the Student Health and Wellbeing Service to develop an Action Plan to address the concerns about your capability to study or engage with the University environment; this will most likely include a plan of how additional support can be put in place for you through regular meetings or adjustments to your programme of study. This action plan will outline the next steps, including when your support under this procedure will be reviewed.
20. Where you do not agree to a Level 2 Action Plan, you will be advised that your case may be referred to Level 3 of this Procedure.

## **(iii) Level 3: Support to Study Panel hearing**

21. If your situation is assessed to be of a more significant concern, you may be referred to an impartial Level 3 Support to Study Panel to further consider your circumstances. A 'more significant concern' means that one or more of the following criteria applies:

- The serious concerns raised about your capability to study or be in the University environment under Level 2 of this procedure have not been resolved;
- There are serious concerns about your wellbeing or behaviour that would need to be addressed beyond Level 2 of this procedure;
- The circumstances reported are particularly serious and highlight that remaining in the University environment and/or continuing with your studies may not be in your best interests;
- There is evidence that your studies or being in the University environment is having a negative impact on your health;
- There is evidence that your behaviours or health issues pose a risk to, or are having a negative impact on, you or others.

22. The purpose of a Support to Study panel hearing is to gather information to make a decision as to whether continuing your studies is in your best interests and the best interests of those around you. The key question they will seek to answer is: are you currently fit to study on your programme?

23. The Support to Study panel will consist of two impartial members of the University's Academic Appeals Panel, and a Senior Manager of the Student Health and Wellbeing Service.

24. You will be informed in advance of the names of the people who will form part of the Support to Study Panel and if you have any concerns about the impartiality of any member, you may write to the Director of Registry and Education Services via [casework@ncl.ac.uk](mailto:casework@ncl.ac.uk) within 5 working days of being informed of the panel members to request a review of the Panel membership.

25. Before the Support to Study panel hearing, you will be invited to provide a written statement and submit any medical or personal information which you believe may help to explain your current circumstances. It is important that you make available to the panel any documentation which will inform them of your particular circumstances, such as sharing additional medical information or your Student Support Plan (SSP), where appropriate.

*See: [Appendix 1](#) for advice on how to compose a written statement*

26. During the Support to Study panel hearing, you will be given the opportunity to answer questions from the Panel about your health and its impact on your studies. Details of your engagement with your Academic Unit and the Student Health and Wellbeing Service will be sought and provided in advance of the hearing (a case report).

27. The Panel may also ask for further information from other key areas of the University, such as the Accommodation Service.

28. You have a right to request that the Panel considers any additional documentation or information you may have, or for additional witness statements to be taken into account. You will receive a copy of the full set of hearing papers at least 5 working days in advance of the hearing. The [Operational Guidance for Student Committee Hearings](#) outlines what you can expect from the Support to Study Panel hearing.
29. If you are unable to attend the hearing, you can ask for it to be rescheduled on one occasion to a more convenient time by explaining the reason for this request, by emailing the committee secretary via [casework@ncl.ac.uk](mailto:casework@ncl.ac.uk).
30. It is important to note that if you do not attend the hearing, it will usually still go ahead in your absence, and a decision will be made based on the information available to the Panel.
31. Where possible, you will be informed of the outcome of the Support to Study panel hearing in person or as soon as possible following the meeting. This will be followed up by a full 'Statement of Reasons' which outlines the reason for the decision. You will also be given details of how to appeal any decisions you are unhappy about.

## Interim Suspensions

32. There may be some instances where the University decides to place you on an interim suspension from your programme of study until your case can be considered by a Support to Study panel, for example, if there are serious concerns for your safety or the safety of other members of the University community.
33. An interim suspension is not a punishment, but rather a precautionary measure designed to protect you and others.
34. Interim suspensions usually only remain in place until a Support to Study panel hearing can be held to fully consider your individual circumstances.
35. For more information about Interim Suspensions, including the appeals process, please see the [Student Conduct Risk Management Procedure](#).

## Appeals

36. You have the right to appeal against any Support to Study panel outcomes, but your reason for appeal must be one (or more) of the following:
- There is new material evidence available which was not reasonably available at the time the original decision was made;
  - Procedural irregularity during the Level 3 Support to Study Process;
  - Bias or prejudice on the part of the Level 3 Support to Study Panel;

- The decision reached by the Level 3 Support to Study Panel was perverse in that it was one which no reasonable person could have reached on the available evidence.
37. If you wish to make an appeal against a Support to Study panel decision or interim suspension, you should submit a personal statement outlining your reasons for appeal, alongside any accompanying evidence, documentation or additional information.
38. Appeal requests must be submitted in writing to the Academic Registrar via [casework@ncl.ac.uk](mailto:casework@ncl.ac.uk) within 21 calendar days of the date of the Statement of Reasons.
39. If you remain dissatisfied with the final decision once all University Procedures have been completed, you can seek an external review by submitting a complaint to the Office of the Independent Adjudicator for Higher Education (OIA) via their [website](#). Complaints to the OIA must be submitted within 12 months of the date of the Completion of Procedures Letter.

Document control	
Policy Owner:	Registry and Education Services
Contact email:	<a href="mailto:casework@ncl.ac.uk">casework@ncl.ac.uk</a>
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## Appendix 1: Guidance for writing a statement for Level 2 or 3 Support to Study

Statements provided as part of the Support to Study process are personal in nature, and so every student will be different in terms of what they want to include in their statement.

However, in the preparation of your statement, it may help you to think about the following:

- What difficulties are you currently facing? Are these new or ongoing?
- What steps have you taken to address these difficulties and/or to seek additional support for yourself and what has been the effect of this?
- What impact have these difficulties had on your ability to study, engage with your University work, or live within the University environment?
- Have you received any medical or other treatment? Could you provide details of this within your statement, or submit any impartial medical documentation?
- What support do you currently have around you? (family, friends, medical support, therapists, etc.)
- How do you think that your current circumstances/health issues/difficulties may be affecting other people?
- How do you plan to address the concerns raised about you?
- What would be your desired outcome of the Support to Study process?

## Appendix 2: Glossary of Terms and Roles

An **Academic Appeals Panel** is a panel of Academic and/or Professional Services University employees appointed by the University Education Committee to investigate matters related to student academic progress and/or student welfare.

The **Academic Registrar**, or nominee, is the senior University employee with overall responsibility for the Support to Study Policy and Procedure.

An **Academic Unit** is the School or Institute your programme of study belongs to. For example, the Academic Unit for Mechanical Engineering is the School of Engineering; the Academic Unit for Fine Art is the School of Arts and Cultures.

An **Action Plan** is a formal document created collaboratively between you and your Academic Unit. It outlines specific actions that you will need to take and support that may be put in place in order for you to continue your studies or remain within the University environment.

An **Appeal Adjudicator** is a Dean or other member of the Academic Appeals Panel with no prior involvement in or close connection to the case and appointed by the Director of Registry and Education Services to consider formal appeals against Support to Study decisions or form a Level 3 Support to Study panel.

An **Authorised Person** is a person with relevant experience and expertise nominated by the Head of School within the Academic Unit to coordinate and manage formal support under the Support to Study Procedure. The Authorised Person may be, for example, a Senior Tutor, Degree Programme Director, Director of Education, Director of Postgraduate Studies.

**Capability to Study** means you are able to engage with your programme of study, progress through to completion and remain within a University environment. It does not just include whether a student is maintaining good academic standards; sometimes a student may be performing well academically, but their course or the University environment may be having a negative effect on their health; or their health conditions or behaviours may be putting others at risk. All of these factors are considered when assessing a student's capability to study.

**Degree Programme Directors** are the academic colleagues responsible for overseeing specific degree programme. They are responsible for considering requests for adjustments made by students, such as adjustments to the mode or pattern of study, or interruptions of study.



The **Director of Registry and Education Services** is responsible for considering referrals to Level 3 of the procedure, holding case conferences, and where appropriate, initiating Level 3 Support to Study hearings, including the appointment of panel members.

**Students** are responsible for reading and adhering to the [Student Charter](#), which sets out the University's expectations of students. Students are expected to cooperate with the Support to Study Procedure, including by agreeing to abide by Support to Study Action Plans.

The **Student Health and Wellbeing Service** is responsible for providing wellbeing support to students and for working with disabled students to create Student Support Plans. The Student Health and Wellbeing Service can initiate Level 2 formal support under this procedure and can also request Level 3 Support to Study Panel Considerations.

A **Student Support Plan (SSP)** is a formal document created in conjunction with the Student Health and Wellbeing Service. SSPs outline the reasonable adjustments the University will make to support a disabled student.

## Appendix 3: Quick Guide to the Support to Study Procedure

Support can begin at any level of the procedure, depending on the severity of the circumstances.

